

Everyday Kosher Cooking

SESAME CRUSTED TUNA

Ingredients:

Fresh Tuna, Thick Portions

Teriyaki Sauce

Sesame Seeds

2 Tbps Oil



Directions:

Dip slices of tuna in Teriyaki sauce.

Then coat with sesame seeds.

Place tuna in hot oiled pan and sear on all sides.
This can be cooked for longer depending on preference.

Once cooled, thinly slice the tuna into thin slices.



Recipe By Chef Naomi Nachman